

# It's Important To Set Personal Goals



Start to set some goals. It is all right to start small, but at least get started. A brighter future awaits those who set personal goals.



# Goals Looks Beyond Activity

**We are always busy running from meeting and task primarily on how to be more productive. But when our focus is on the tasks and the busyness we lose track of any accomplishment . Goals setting help us look beyond the activity and get clear on what we really want to accomplish in our life.**



## Goals Direct Us

**You wouldn't get into the plane for a trip without knowing your destination. Knowing where you want to go provides purpose for our effort. A destination gives us a reason for our efforts and gives us a way to monitor our progress and keeps us on track.**



# Goals Have Amazing Powers

**Our sub-conscious mind operate best when they are seeking a solution to a problem. When we set a goal, our sub-conscious mind sees it as a problem to be solved and gets to work on achieving that goal.**



# Goals Make Our Life Easier

**Goals help us work smarter no matter what the work is. When we work smarter, our life gets a whole lot easier.**

**Who doesn't want to do things that make their life easier?**



# Goals Help Us To Move Faster

**When we know where we are heading, we can get to it more rapidly.**

**Yes, any personal goal setting process requires some planning time, but that time will be repaid many times over.**



# Goals Give Satisfaction

**Goals setting create satisfaction by providing us aim and target to shoot for and therefore the sense of accomplishment when we know we are able to reached them.**





# Goals Give Us Self-Confidence

**There are no greater self-confidence booster than achieving something you have specifically set out to do.**

**Setting personal goals and accomplishing them gives us the confidence to set even greater goals; stretching ourselves to greater performance in the future.**



**Now that you know the benefits of personal goal settings, you should start planning your goals today.**



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